

STEPS *to!* Stay Steady

COMMUNITY FALLS PREVENTION FAIR



Helping You Stay Safe,
Strong & Independent

A stronger
community
starts with
simple action
steps to reduce
falls.



DATES & LOCATIONS



WEDNESDAY
SEPTEMBER 23,
2026



Shorehaven Clubhouse
1380 W. Wisconsin Ave
Oconomowoc, WI



FRIDAY
SEPTEMBER 25,
2026



Schuetze Center
1120 Baxter Street
Waukesha, WI



TIME: 9:30 – 11:30 AM

WHO SHOULD ATTEND?



Older adults



Caregivers &
family members



Anyone interested in
staying active &
independent

All are welcome!

WHAT YOU'LL EXPERIENCE



EXERCISE & STRENGTH

Improve
balance,
mobility &
confidence.



HOME SAFETY

Tips to
prevent falls
and create a
safer home.



VISION SCREENINGS

Check your
sight and
protect your
vision.



HEARING SCREENINGS

Support
better hearing
and stay
connected.



FALLS RISK SCREENINGS

Know your
personal risk
and what you
can do.



MEDICATION

Learn about
side effects
and safer
use.



FOOTWEAR

Find out how
proper shoes
can support
your steps.



COMMUNITY RESOURCES

Connect with
local services
and support
you can trust.

FREE
COMMUNITY
EVENT!

Stay active. Stay independent. Stay steady.

DROP IN ANYTIME DURING THE EVENT!



WAUKESHA COUNTY
FALLS PREVENTION COALITION



For more information, visit
www.waukeshacounty.gov/health-education

